

## TOURNAMENT RULES :

**Point Scoring System** - The competitor with the most points wins if no one gets a submission. If by the end of the match the score is even in points, the person with the most “advantages” wins. If the scores are still even, a 2-minute overtime will be given. If the scores are still even after the overtime, the referee will decide whom wins based on who was the most offensive.

**1 MOUNT FROM THE TOP -- 4 Points** Both knees must be on the ground or both hooks in for 3 seconds.

**2 MOUNT FROM THE BACK -- 4 Points** Both knees and feet must be on the ground for 3 seconds, or both feet must be hooked inside of legs for 3 seconds

**3 KNEE ON THE BELLY -- 2 Points** One knee must be riding on the belly and the other knee has to be off the ground for 3 seconds.

**4 PASSING THE GUARD TO SIDE CONTROL -- 3 Points** Must have control of opponent for 3 seconds

**5 SWEEP OR REVERSAL FROM THE GUARD -- 2 Points** Must have control of top position for 3 seconds

**6 TAKE DOWN -- 2 Points** Must have control of top position for 3 seconds

**7 ADVANTAGES** – to encourage submission and action, the referee will award an “advantage” when a competitor attempts a submission in which the opponent narrowly escapes. This is a judgment call by the referee, advantages only influence the outcome of a match if there is no successful submission and the competitors are even on points at the end of regulation time.

**8 STALLING** – 1st official warning (Referee stops match), 2nd warning loses 1 pt., 3rd warning 2 pts, 4th warning competitor will be **DISQUALIFIED**.

## LEGAL & ILLEGAL TECHNIQUES

### 1. KIDS

#### ○ **ILLEGAL TECHNIQUES: No Submission Techniques in Kids Divisions!**

No strikes, biting, eye gouging (includes chin to eye), head butting, small joint manipulation (finger and toe locks), hair pulling, or ear pulling. No Leg Locks and Neck Cranks. Referee reserves the right to stop any match at any time for the safety of the competitors. No submissions of any kind

○ **NO SLAMMING: \*NOTE** - Takedowns are **not** considered slamming, unless intent to injure is determined by the referee. This is to avoid slamming to escape the guard and various submissions from the guard.

### **\*\*\*\*\*FULL, LONG-SLEEVE GI MUST BE WORN IN ALL KIDS' DIVISIONS**

### 2. ADULTS

○ **FOOT/LEGLOCKS: STRAIGHT** Achilles locks are allowed in all divisions. Straight Knee bars for Beginners & up. Inside toe-holds Intermediate and up. Absolutely no heel hooks or twisting of the knees.

○ **ILLEGAL TECHNIQUES:** No strikes, biting, eye gouging (includes chin to eye), head butting, small joint manipulation (finger and toe locks), hair pulling, or

ear pulling. Bicep and calf locks Intermediate and above only.

- **NECK CRANKS:** Intermediate and above only.
- **IMMEDIATE DISQUALIFICATION:** Will result from any of the following: Deliberate bending of the fingers or toes, hair pulling, striking, biting, pressure points, eye gouging, or groin shots. Any attempt to avoid combat by going out of the mat. Disrespect through gestures or verbal abuse toward a referee, a competitor or a spectator will also result in disqualification. Deliberate usage of any restricted submissions at the competitor's belt level.
- **NO SLAMMING:**\*NOTE - Takedowns are **not** considered slamming, unless intent to injure is determined by the referee. This is to avoid slamming to escape the guard and various submissions from the guard.

**THE ONLY PEOPLE ALLOWED ON THE MAT AREA ARE REFEREES, STAFF MEMBERS, AND CURRENT COMPETITORS!!!**  
**And Please, NO FOOD OR DRINKS ALLOWED IN THE GYM!**

#### **APPROPRIATE ETIQUETTE:**

- 1 **Underwear** is mandatory for all competitors.
- 2 **Full, Long-Sleeve Gi** is required for Gi competition
- 3 **Fingernails and toenails** must be clipped.
- 4 Headgear and wrestling shoes are optional.
- 5 Anyone with suspected staph infections, ringworm, or any skin infections will be disqualified.

We are here for the thrill of competition and in order to maintain a fun and safe environment we will be enforcing fully, **the zero tolerance rule of disrespecting, threatening with physical violence, or verbally abusing referees or staff is in effect for the entirety of the event.** If any coach, parent, or competitor threatens or abuses the referee in any shape or form, their competitor will be disqualified and they will be escorted out of the building by security